



Oregon City High School Athletics

Directions for sports registration:

1. Attend the mandatory parent meeting at the beginning of sport season that your son or daughter participates.
2. All forms and the Administration Fee receipt must be turned into the Athletic Office before an athlete can be cleared to participate. A yellow cleared slip will be given to the coach.
3. Fill out the following forms: These can be found online, see the hyperlink below.
Student Health/Emergency Form for Athletics
Guidelines For Athletic/Activity Participation
4. Pay the \$30.00 Athletic/Activity Administration Fee to the Accounting Office at OCHS.
5. Turn in a current physical to the Athletic Office. These are good for two years. All incoming Juniors and Freshmen need to have a physical dated after June 1st.

<http://www.ochs.orecity.k12.or.us/athletics>